



Kelsey Shane, MA, LPC, EMDR

50 S. Steele St., Suite 435, Denver, CO 80209

(303) 929-8638 | kelsey@lookinsidecounseling.com

Client Name: _____

Client DOB ____-____-____

Tax ID: 46-3413399

NPI: #1063796092

License: #00122322

Good Faith Estimate:

Under the No Surprises Act, you have the right to receive a “Good Faith Estimate” explaining how much your medical care will cost. Under the law, health care providers need to give patients who don’t have insurance or who are not using insurance an estimate of the bill for medical items and services. Please keep in mind these rights:

You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services.

Make sure your health care provider gives you a Good Faith Estimate at least 1 business day before your medical service or item. You can also ask your health care provider, and any other provider you choose, for a Good Faith Estimate before you schedule an item or service.

If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill.

Look Inside Counseling Projected Cost Estimates:

- Therapy: \$190 per session
- longer sessions prorated

YOU MAY CRY, YOU’LL PROBABLY LAUGH, YOU’LL DEFINITELY GROW!



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- Weekly or Biweekly therapy for a varied amount of time depending on the individual (50 minute sessions, \$190 per session)

Basic Estimated Cost Breakdown:

- Weekly sessions for six (6) months \$4750
- Bi-weekly sessions for six (6) months \$2470
- Monthly sessions for six (6) months \$1140

Breakdown of Services Provided

-This rate includes but is not limited to initial intakes, talk therapy, EMDR, animal assisted therapy and any other services provided by Kelsey Shane. All interventions and approaches should be intentional and relational in nature, all with the end goal of helping client cope with daily stressors, address past traumas, and reach personal goals.

Date of Receipt: ____-____-____

Signed: _____

Name (printed): _____

Therapist Signature:

Date: 03/16/2022

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